

Oakland County Recovery Resource Guide

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Immediate Help>> **988** <<

* PROGRAMS THROUGH "ACCESS," Oakland County's Access screening process determines where people's needs are best met based on severity and urgency. Screenings can be requested by calling **248-464-6363** or by visiting the Resource and Crisis Center. Walk-in appointments are received on a first-come, first-served basis.

Oakland County residents who have an intellectual/developmental disability, mental illness, children with serious emotional disturbance, and people with **substance use disorders** may be eligible to receive specialty public mental health services. Most of these people have Medicaid/Healthy MI Plan coverage. However, individuals who are uninsured and underinsured can be linked to mental health services and may still receive services for mental health and substance use disorders through Federal Block grant funding.

All information is confidential and never shared without consent.

This guide was created on December 29, 2023. Websites and phone numbers were verified on 12/30/2023. Please contact Todd Smit at toddsmitmarch@gmail.com with concerns or updates. Updated 27FEB2024 (Rev 3)

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Oakland County Health Network (OCHN) Resource and Crisis Center.....248-464-6363

1200 N Telegraph Road, Building 32 E

Pontiac, MI 48341

<https://www.oaklandchn.org/192/Access-Services>

1. Outpatient Services:

- * Catholic Charities of SE Michigan Royal Oak.....248-548-4044
1424 E Eleven Mile Rd, Royal Oak, MI 48067
<https://www.ccsem.org/counseling/>
- * Easterseals Michigan Adult Services, Southfield.....248-372-6800
22170 W Nine Mile Rd, Southfield, MI 48033
<https://www.easterseals.com/MORC/programs-and-services/substance-use/>
- * Easterseals Adult Services, Pontiac.....248-706-3450
- * Easterseals Family Services North, Auburn Hills.....248-475-6300
- * Easterseals Family Services South, Southfield.....248-483-7804
- * Meridian Health Services Waterford.....248-599-8999
1255 N Oakland Blvd, Waterford Twp, MI 48327
<http://meridian-hs.org/>
- Metropolitan Rehabilitation Clinics, Inc., Oak Park, MI.....248-967-4310
21700 Greenfield Road, Suite 130, Oak Park MI 48237
<https://www.metrorehab.net/>
- * Milford Counseling Milford.....248-529-6383
120 S. Main St. Suite "C," Milford, MI. 48381
<https://milfordcounseling.com/sober-living>
- * Oakland Family Services
114 Orchard Lake Rd., Pontiac, MI 48341
- Berkley.....248-544-4004
- Pontiac.....248-858-7766
- Walled Lake.....248-624-3812
<https://www.oaklandfamilyservices.org/>
- * Sacred Heart Recovery & Wellness Services Madison Heights.....248-658-1116
28303 Dequindre Road, Madison Hts., MI 48071
<https://www.sacredheartcenter.com/programs.html>

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2. Domiciliary Combined with DIOP/DOP Treatment Providers

Domiciliary means you will stay in sober housing while being treated in these programs.

- * Personalized Nursing LIGHT House, Inc.
 Plymouth.....800-467-7654
<https://www.pnlh.org/services/>

- * Turning Point Recovery Center, Pontiac.....248-334-7760
 (Referral from OCHN Access 248-464-6363 required)
<https://turningpointrecovery.org/>

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3. Local IOP Programs

- * Easterseals - Pontiac.....248-706-3450
 1685 Baldwin Ave Suite 100, Pontiac, MI 48340
<https://www.easterseals.com/MORC/programs-and-services/substance-use/>
- * Milford Counseling Milford.....248-529-6383
 120 S. Main St. Suite “C,” Milford, MI. 48381
<https://milfordcounseling.com/sober-living>
- * Oakland Family Services (OFS) Pontiac (Women/PRIM).....248-858-7766
 114 Orchard Lake Rd., Pontiac, MI 48341
<https://www.oaklandfamilyservices.org/>
- * Sacred Heart Recovery & Wellness Services Madison Heights.....248-658-1116
 28303 Dequindre Road, Madison Hts., MI 48071
<https://www.sacredheartcenter.com/programs.html>
- * Personalized Nursing LIGHT House, Inc.
 Plymouth.....734-451-7800
<https://www.pnlh.org/services/>
- Skywood Recovery Royal Oak 248-975-7072
 117 W 3rd St, Royal Oak, MI 48067
<https://skywoodroyaloak.com/>
- New Oakland Family Services, Multiple MI locations.....800-395-3223
<https://newoakland.org/programs/intensive-outpatient>
- Henry Ford Maplegrove Center West Bloomfield.....248-661-6100
 6773 W. Maple Road West Bloomfield, MI 48322
<https://www.henryford.com/locations/maplegrove>
- River’s Bend Troy:248-585-3239
 550 Stephenson Hwy, Ste 200, Troy, MI 48083
<https://www.riversbendpc.com/service/substance-abuse-intensive-outpatient-program/>
- River’s Bend West Bloomfield248-702-6132
 7125 Orchard Lake Rd, Ste 110, West Bloomfield, MI 48322
<https://www.riversbendpc.com/service/substance-abuse-intensive-outpatient-program/>
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4. Local Residential/Inpatient Treatment Providers

- * Eastwood Recovery Center, Southfield248-864-5200
 29451 Greenfield Rd, Southfield, MI 48076
<https://healthcare.ascension.org/locations/michigan/midet/southfield-ascension-eastwood-residential>
- * Hegira Programs/Oakdale Recovery Center, Canton734-397-3088
 43825 Michigan Ave, Canton, MI 48188
<https://www.oakdalerecoverycenter.net/>
- * Meridian Health Services, Waterford248-599-8999
 Women’s Facility: 1435 N Oakland Blvd, Waterford Twp, MI 48327
 Men’s Facility: 1255 N Oakland Blvd, Waterford Twp, MI 48327
<http://meridian-hs.org/>
- * Personalized Nursing LIGHT House, Inc., Madison Heights (men).....248-850-1600
 30671 Stephenson Hwy, Ste C, Madison Heights, MI 48071
<https://www.pnlh.org/locations/>
- * Personalized Nursing LIGHT House, Inc., Dearborn (women).....313-274-7879
 7430 N. Inkster Rd, Dearborn Heights, MI 48127
<https://www.pnlh.org/locations/>
- * Sacred Heart Rehabilitation Center, Richmond.....810-392-2167
 400 Stoddard Rd, Richmond, MI 48062
<https://www.sacredheartcenter.com/programs.html>
- * Salvation Army Harbor Light, Detroit.....313-556-5555
 3737 Lawton St, Detroit, MI 48208
<https://centralusa.salvationarmy.org/greatlakes/harbor-light/>
- * Turning Point Recovery Center, Pontiac.....248-334-7760
 (Referral from OCHN Access 248-464-6363 required)
<https://turningpointrecovery.org/>

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4. Local Residential/Inpatient Treatment Providers (continued)

Henry Ford Maplegrove Center West Bloomfield.....	248-661-6100
6773 W. Maple Road West Bloomfield, MI 48322	
https://www.henryford.com/locations/maplegrove	
Skywood Recovery, Augusta MI.....	855-898-4121
10499 48th St, Augusta, MI 49012	
https://skywoodrecovery.com/lp/alcohol-treatment-center/	
Ascension Brighton Center for Recovery, Brighton, MI.....	810-227-1211
12851 Grand River Ave, Brighton, MI 48116	
https://healthcare.ascension.org/locations/michigan/midet/brighton-ascension-brighton-center-for-recovery	

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5. Medication Assisted Treatment

- * Meridian Health Services, Waterford, MI.....248-599-8999
 Women’s Facility: 1435 N Oakland Blvd, Waterford Twp, MI 48327
 Men’s Facility: 1255 N Oakland Blvd, Waterford Twp, MI 48327
<http://meridian-hs.org/>
- * Sacred Heart Recovery & Wellness Services, Madison Heights (co-occurring).....248-658-1116
 28303 Dequindre Rd #100, Madison Heights, MI 48071
<https://www.sacredheartcenter.com/programs.html>
- * Therapeutics Pontiac.....248-977-3758
 1685 Baldwin Ave suit 400, Pontiac, MI 48340
<http://therapeutics.me/admission/>
- * Therapeutics Wixom.....248-525-6832
 1010 E West Maple Rd suite 200, Walled Lake, MI 48390
<http://therapeutics.me/admission/>
- Henry Ford Maplegrove Center West Bloomfield.....248-661-6100
 6773 W. Maple Road West Bloomfield, MI 48322
<https://www.henryford.com/locations/maplegrove>
- New Oakland Family Centers, Livonia, MI.....800-395-3223
 29550 Five Mile Rd, Livonia, MI 48154
<https://newoakland.org/programs/outpatient-care>
- Gammons Medical, Royal Oak, MI.....248-439-1060
 1223 S. Washington, Royal Oak, Michigan 48067
<https://gammonsmedical.com/gammons-location/royal-oak/>
- Gammons Medical, Waterford, MI.....248-221-7733
 3803 Elizabeth Lake Rd, Waterford, Michigan 48328
<https://gammonsmedical.com/gammons-location/waterford/>

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5. Medication Assisted Treatment (Continued)

Family Medicine Center Sterling Heights - Substance Use Disorders Clinic.....	248-964-0400
44250 Dequindre 3rd Floor, Sterling Heights, MI 48314	
https://www.beaumont.org/locations/sterling-heights-family-medicine-center	
CNS Healthcare, Waterford, MI.....	248-745-4900
279 Summit Dr., Waterford 48328	
https://www.cnshealthcare.org/	
CNS Healthcare, Novi, MI.....	248-745-4900
24230 Karim Blvd Suite 100, Novi 48375	
https://www.cnshealthcare.org/	
CNS Healthcare, Pontiac, MI.....	248-745-4900
841 North Perry St., Pontiac 48342	
https://www.cnshealthcare.org/	
CNS Healthcare Southfield, MI.....	248-745-4900
24600 Northwestern Hwy., Southfield 48075	
https://www.cnshealthcare.org/	

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6. Recovery Housing

* Milford Counseling Sober Living Homes (Males/females), Milford, MI.....248-529-6383
 120 South Main Street Suite C Milford, MI 48381
<https://www.itispossiblemilford.com/>

* Turning Point Recovery Center (Males/females), Pontiac, MI.....248-334-7760
 (Referral from OCHN Access 248-464-6363 required)
<https://turningpointrecovery.org/>

* Sacred Heart Recovery & Wellness Services (Males only), Madison Heights, MI..248-658-1116
 28303 Dequindre Rd #100, Madison Heights, MI 48071
<https://www.sacredheartcenter.com/housing.html>

Grace Centers of Hope (Women's housing only) Pontiac, MI.....855-435-7424
 35 E Huron St, Pontiac, MI 48342
<https://gracecentersofhope.org/womens-program/>

It Is Possible.....248-980-6460
 Milford, MI
 > The only MAT accepted is Vivitrol <
<https://www.itispossiblemilford.com/contact>

Outside of Oakland County:

KimKJust4TodayStay.....586-563-5360
 Roseville Michigan
<https://www.kimjust4todaystay.com/>

Dawnfarm Transitional Housing.....734-669-8265
 Ann Arbor/Ypsilanti, MI
<https://www.dawnfarm.org/transitional-housing/>

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7. Other Treatment Centers/Resources in Michigan

Alcohol and Drug Center - Traverse City, MI	(800) 662-6766
Bear River Health- Boyne Falls- MI	(231) 535-2822
Brighton Center for Recovery- Brighton, MI	(810) 227-1211
Dakoske Hall Men's Residential Program- Traverse City, MI	(800) 622-4810
Dawn Farm Spira Recovery Center- Ann Arbor, MI	(734) 669-8265
Great Lakes Recovery Centers (Adolescent)- Marquette, MI	(906) 228-4692
Great Lakes Recovery Centers (Adults)- Marquette, MI	(906) 228- 7611
Great Lakes Recovery Centers Women's New Hope House-Sault St. Marie, MI ...	(906)632-2522
Great Lakes Recovery Centers Men's New Hope House-Sault St. Marie, MI	(906)635-5542
Harbor Hall Residential Treatment Center- Petoskey, MI	(888) 880-5511
Harbortown Treatment Center- Benton Harbor, MI-	(269) 926-0015
Henry Ford Allegiance Addiction Recovery Center - Jackson, MI	(517) 205-4001
Metro East Substance Abuse Treatment Corp. - Detroit, MI	(888) 810-0848
NMSAS Services- Gaylord, MI	(989) 732-1791
Recovery Unlimited Treatment Center- Flint, MI	(810) 785-4930
Sacred Heart Rehabilitation in Michigan	(888) 802-7472
Sanford House Addiction Treatment Centers- Grand Rapids, MI	(844) 776- 9651
Skywood Recovery Center, MI	(844) 646-9312
Sunrise Center- Alpena, MI	(989) 356-6649

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[University of Michigan Addiction Treatment Services \(UMATS\)](#)(800) 525-5188

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8. Treatment Navigation Support

Oakland Community Health Network's (OCHN).....248-464-6363

Oakland Community Health Network's (OCHN) Substance Use Disorder Prevention and Treatment Services (SUD) team is dedicated to helping individuals in Oakland County become educated on, and receive treatment and recovery support for, substance misuse. The SUD team is comprised of dedicated, expert professionals that provide oversight and management of federal and state funds that support a recovery-oriented system of care.

<https://www.oaklandchn.org/207/Substance-Use-Disorder-Services>

Alliance of Coalitions.....248-221-7101

OUR MISSION: Through substance misuse prevention, mental and physical wellness, harm reduction, and recovery support programs, the Alliance connects, strengthens, and mobilizes strategic partners to promote healthier communities.

<https://achcmi.org/>

Hope Not Handcuffs.....833-202-4673

A person struggling with any substance use disorder can come to any of the participating police agencies or community partners and ask for help. They will be greeted with support, compassion, and respect. If accepted into the program, the individual will be guided through a brief intake process to ensure proper treatment placement.

<https://www.familiesagainstnarcotics.org/hopenothandcuffs>

Navigate Peer and Family Coaching Services.....586-438-8500

What is a Peer Recovery Coach?

- Walks side by side with individuals seeking recovery from substance use disorders
- Creates a unique relationship grounded in trust
- Helps individuals create their own recovery plans
- Provides emotional and influential support while sharing connections to community resources
- Removes barriers while providing hope, motivation, and encouragement
- Connects individuals with life skills and resources

<https://www.familiesagainstnarcotics.org/navigate>

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9. Crisis Hotlines

Immediate Help	>> 988 <<
Oakland County Services.....	248-464-6363
Macomb County Services.....	586-948-0222
Washtenaw County Services.....	734-544-3050 or 800-440-7548
Wayne County Services.....	800-241-4949
Michigan Interactive Map with numbers for every county: Michigan County SUD access Map	
SAMHSA National Helpline.....	800-662-4357

OTHER HOTLINES

Common Ground.....	800-231-1127
Hope Not Handcuffs.....	833-202-4673
Crystal Meth Anonymous.....	(855) METH-FREE : (855) 638-4373
Michigan NA Hotlines	
Michigan Region.....	800-230-4085
Metro Detroit Region.....	877-338-1188

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10. Support Groups

Local Links:

AA of Greater Detroit (Alcoholics Anonymous)	248-541-7490
Alliance of Coalitions	248-221-7101
Crystal Meth Anonymous	855-638-4373
Narcotics Anonymous	877-338-1188

Here are some national support groups that offer local or virtual meetings:

- [Alcoholics Anonymous](#)
- [Cocaine Anonymous](#)
- [Crystal Meth Anonymous](#)
- [Heroin Anonymous](#)
- [Life Ring](#)
- [Marijuana Anonymous](#)
- [Narcotics Anonymous](#)
- [Recovery Dharma](#)
- [The National Alliance on Mental Illness \(NAMI\)](#)
- [Secular Organizations for Sobriety](#)
- [SMART Recovery](#)

Family members or children who are coping with a loved one's mental health, drug, or alcohol issues, can look into the following:

- [Nar-Anon](#)
- [Al-Anon](#)
- [The National Alliance on Mental Illness \(NAMI\)](#)

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11. Harm Reduction Resources

[Oakland County Interactive Map](#).....248-858-1729

[State of Michigan Interactive Map](#)

[Alliance of Coalitions, Troy, MI](#).....248-221-7101
5505 Corporate Drive Suite 301, Troy, MI 48098

[HARM:LESS](#).....Phone...833-333-1973
Families Against Narcotics Text...586-909-7250
18900 15 Mile Road, Clinton Township, MI 48035

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12. Other Resources

Alliance of Coalitions	248-221-7101
Common Ground	800-231-1127
Families Against Narcotics	833-202-4673
SAMHSA	877-726-4727
Substance Use Resource Center	Online Only

BCBS's Substance Use Resource Center is a publicly available national resource designed to support people seeking substance use treatment and recovery services. This resource is open to everyone, regardless of their insurance status. The Substance Use Resource Center connects individuals as well as friends and family of individuals in need with appropriate resources close to home from a source they can trust.

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13. Wellness Resources for People in Recovery

Alliance of Coalitions	248-221-7101
Oakland County Wellness Resources	248-858-1000
Oakland County Parks	248-858-0906
The Phoenix - A Sober Active Community	720-440-9175

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